

# Sport and Art Choice Board

<p><u>Draw your favourite toy</u> from <b>OBSERVATION</b></p>	<p>Create a dance to a song and teach it to someone else.</p>	<p>Take a <u>VIRTUAL TOUR</u> of an <u>Art Museum</u> <a href="#">List Of Museums</a></p>	<p>Go to <a href="#">Mr A's PE Blog</a> and choose any of the PE challenges from 2020 Remote Learning</p>
<p>Roll a dice. Do any exercise that number of times. Repeat for 10 mins.</p>	<p><u>CUT</u> facial features from magazines and <u>ARRANGE</u> them into funny face <u>COLLAGES</u>.</p>	<p>PLAY the PARTY FREEZE DANCE SONG OR THE FLOOR IS LAVA By the Kiboomers as a workout.</p>	<p>Follow along to a <u>HOW TO DRAW VIDEO</u> on the <a href="#">ART FOR KIDS HUB</a></p>
<p><u>LISTEN</u> to <u>music</u>. <u>DRAW</u> <u>lines</u> and <u>shapes</u> as you listen that match the <u>SOUNDS</u> and <u>RHYTHMS</u> you hear.</p>	<p>Play keepy-uppy with a balloon. Create your own rules. Create exercise punishments if the balloon hits the floor.</p>	<p><u>LOOK</u> out your <u>window</u> and <u>DRAW</u> what you see <u>OUTSIDE</u>.</p>	<p>Do a squat or sit up for each letter of the alphabet. Which one can you do faster?</p>
<p><u>Draw</u> a <u>Hybrid animal</u> that <u>combines</u> the <u>features</u> of <u>3</u> <u>different animals</u>.</p>	<p>Create a fitness game using UNO cards. Eg blue=burpees</p>	<p><b>Create a balance challenge. Eg. Who can balance a book on their head the longest?</b></p>	<p>Be an ARCHITECT! Use <u>recycled materials</u>, <u>lego</u> or <u>blocks</u> to <u>CREATE</u> a <u>STRUCTURE</u>.</p>