

SUNSMART COUNTDOWN

When we're out and about it's always **SunSmart** time

We know just what to do – we do it every time

Because we're **SunSmart** kids – as smart as we can be

We'll show you how to keep your cool!

It's the only way to go

Doin' the **SunSmart Countdown!**

FIVE! SLIP! Slip on your shirt

FOUR! SLOP! Slop on your sunscreen

THREE! SLAP! Slap on your hat

TWO! SEEK! Seek out the shade

And number **ONE** – to make sure you're all done

Before you take off to the sun, **SLIDE** on your sunnies!

Skip to special play areas

SunSmart kids count down from five – you'll see them everywhere

The beach, the backyard, the pool, the park

The street, the playground, but not in the dark!

Now we're out and about it's always **SunSmart** time

We know just what to do – we do it every time

Skip back to lines & swap rows & if time, clap hands until it's time to commence actions again

SunSmart kids count down from five

It's easy it's not rocket science

It's the only way to go left hand on hip & point right finger to start actions again

Doin' the **SunSmart Countdown!**

Repeat Chorus

